

Autumn/Winter Allergen Aware Menu

Packed Lunch Menu

Our Allergen Aware Menu is free from the 14 legal allergens and is aligned closely with our Primary School Packed Lunch Menu so children who require it, can feel safe and included.



Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Ham or Cheese Roll Carrot Sticks Sultanas Fruit Portion Iced Fruit Smoothie	Cheese and Tomato Pasta Pot Cucumber Sticks Pizza Finger Fruit Portion Homemade Cocoa Cupcake	Cheese or Plant-Powered Sausage in a Roll Carrot Sticks Sultanas Apple Wedges Homemade Shortbread	Ham or Cheese Roll Cucumber Sticks Sultanas Fruit Portion Iced Fruit Smoothie	Vegetable Goujons or Cheese Roll Carrot Sticks Sultanas Fruit Portion Homemade Cupcake

Week One: 30 Oct | 20 Nov | 11 Dec | 8 Jan | 29 Jan | 26 Feb | 18 Mar

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Ham or Cheese Roll Carrot Sticks Sultanas Fruit Portion Homemade Cocoa Shortbread	Cheese and Tomato Pasta Pot Cucumber Sticks Pizza Finger Fruit Portion Iced Fruit Smoothie	Cheese or Plant-Powered Sausage in a Roll Carrot Sticks Sultanas Fruit Portion Fruit Jelly	Ham or Cheese Roll Cucumber Sticks Sultanas Apple Wedges Homemade Shortbread	Vegetable Goujons or Cheese Roll Carrot Sticks Sultanas Fruit Portion Homemade Iced Cupcake

Week Two: 6 Nov | 27 Nov | 18 Dec | 15 Jan | 5 Feb | 4 Mar | 25 Mar

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Ham or Cheese Roll Carrot Sticks Sultanas Fruit Portion Homemade Cocoa Cupcake	Cheese and Tomato Pasta Pot Cucumber Sticks Pizza Finger Fruit Portion Iced Fruit Smoothie	Cheese or Plant-Powered Sausage in a Roll Carrot Sticks Sultanas Fruit Portion Homemade Shortbread	Ham or Cheese Roll Cucumber Sticks Sultanas Fruit Portion Homemade Cupcake	Vegetable Goujons or Cheese Roll Carrot Sticks Sultanas Orange Wedges Homemade Shortbread

Week Three: 13 Nov | 4 Dec | 1 Jan | 22 Jan | 12 Feb | 11 Mar

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CATERING

Whilst every precaution has been taken to avoid cross contamination. No guarantee can be given for the absence of allergens.